



*Julie Bearden*  
MASSAGE & BODY WORK

## Monument Academy, A Gift for You

*Relax*

*This holiday season*

*Restore*

*Feeling of happiness and health with tidings of comfort & joy*

*Release*

*The stress of the holidays*

*Renew*

*The spirit of the season, support for small business*

*\$20 off all new clients with mention of this flyer through March, 2020*

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