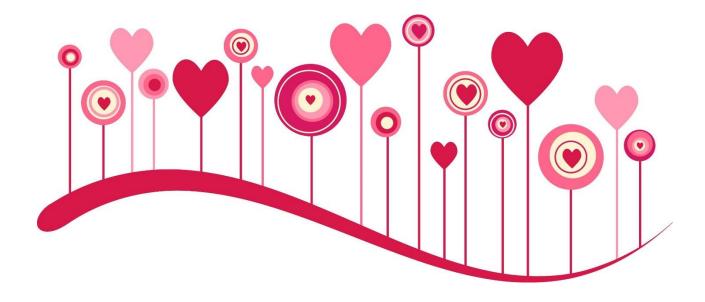
LYNX NEWS

East Campus Edition February 9, 2022





Spirit Wear Order Window Is Open Now until 2/13

https://ma-east-pto-store.myshopify.com/

We Are Hiring!!!

Please check out our current needed positions <u>HERE</u> As always, we need Substitutes also. <u>HERE</u>

Upcoming Events

Friday, February 11 - Spirit Wear Day

Friday, February 11 – MS Movie Night (see Below)

Thursday, February 17 – Vision Casting @6:30pm

Friday, February 18 – Spirit Wear Day

Monday, February 21 - No School, Presidents Day

Friday, February 25 - Spirit Wear Day

Saturday, February 26 – 7th & 8th Grade Winter Formal (see Below)

Saturday, March 12 - HS Formal

Thursday, April 7 – Lights, Camera, Auction! (see Below)

Parent Volunteer Opportunities!

https://www.monumentacademy.net/volunteering/volunteer-events/

(warning, this page takes a moment to load)

East Campus Carline Help!

https://www.signupgenius.com/go/409094daaa829a3fb6-carline

Volunteer Opportunity at West Campus

Mrs. Benz's 5th grade Choir Program

Signup: https://m.signupgenius.com/#!/showSignUp/4090949aba822aa8-5thgrade





From Student Council:







Upcoming Fundraiser!

The Monument Academy *Invest in Tomorrow* team is hosting its 2nd annual fundraising event at the Boot Barn themed "**Lights, Camera, Auction**!". Join us for a parentsnight-out featuring food, drinks, silent auction, and a live auction led by a Colorado Champion Auctioneer! All proceeds benefit our MA school resource officer and teacher bonuses. Block your calendars for some fun - April 7, 2022!

Do you have a live or silent Auction item to donate? Would you like to promote your business with a Corporate Sponsorship? Please contact Wendy Brethauer at wjbrethauer@gmail.com.

Get your tickets now! https://qrco.de/MAInvest

Flyer on last page of this edition.

Yearbooks!

The High School and Middle School Yearbooks are taking shape! It's going to be an EPIC book you will want to keep for decades! The deadline for purchasing a yearbook will be in mid-March. Order Today

Order your Middle School yearbook here: MS Here

Order your High School yearbook here: HS Here

From Athletics:

Week of February 7th
Get out and support your Lynx student-athletes!

Girls Basketball

IT'S PLAYOFF TIME! Girls Basketball A-team finished their regular season undefeated with wins this week against Banning Lewis and CSCA and will have the #1 seed heading into the playoffs! Tonight, begins the journey to the championship with a semifinal game against RMCA. Tipoff at MA's West Campus will be at 4:00pm. Make sure to get there early to get a good seat!

Spring Track & Field

Monument Academy HS & MS Track & Field season is just around the corner! Registration on FamilyID will be open this coming Monday! The first practice will be on the 28th of February. Just a reminder, registration fees must be paid, and a copy of a current physical must be uploaded in order to be eligible to practice!

Matchwits

Our Matchwits team currently stands in second place in overall scoring. They look to gain ground on the leaders at their next competition on February 25 at Atlas Prep.

Carline Issues At West Campus

Attention all Parents/Staff: As many of you know, the carline at West has been a headache for all of us. Facilities staff have worked hard to implement changes to the flow of traffic to help with the situation. Entering in the church parking lot via 105 IS NO LONGER ALLOWED! That has become the exit for the carline, and you will be heading into oncoming traffic! Parents are advised that they must go down to Knollwood to enter the school property for all games and practices, no matter what day/time. There are signs posted to direct you to the proper entrance. We as staff appreciate your cooperation in the matter to keep our kids and other drivers safe!

MA EAST Physical Education Newsletter Feb 9, 2022

What's on tap in Physical Education? As we continue to grow here at East, we have standardized our Middle School curriculum (instructors Colter & Stevenson) while adding additional classes for our high school students (Stevenson). These include general PE education (individual/team activities) while integrating Strength & Conditioning into our daily, weekly and monthly planning. All levels have been introduced to seven (7) foundational strength movements, that include:



Push, Pull, Brace (structural integrity), Rotation, Hinge, Single Stance (balance) and Triple Extension (ankle, knee, hip).

WHAT DOES PE LOOK LIKE?

Variety

We pride our programming on offering a wide variety of individual and team activities, including nontraditional sports like team handball, soccer-tennis, and medicine ball nuke'em. Putting the "Physical" into Physical Education We strive to get our students moving to play but also to move with purpose and to get strong. We tell our students, no one has ever regretted getting stronger. We incorporate body weight and medicine ball movements in multiple planes of motion and challenge our students to be their best.

Free Play

We believe in letting our students create their own movement. With our new school came great facility space like our turf field, MoveStrong playground, and outdoor basketball court, not to mention our gymnasium. At least once a week the students choose their activity - it's amazing to see what they come up with and do to challenge themselves!

FRESH AIR, SUNSHINE

We get outside, including using the local Regional Trail, as often as possible. We have had students run the trail in 6 minutes, complete the MoveStrong obstacle course 100's of times, and make up physical challenges to test each other.



WHAT ARE THE KIDS UP TO? FEB 7 WEEK MOVEMENT PATTERNS

- Max Push (Up) Monday (Brace)
- Med Ball Lunge (Brace, Single Stance, Triple Extension)
- Handstands (Brace, Push, Triple Extension)
- Medicine Ball Rotational Wall Ball (Brace)

Coach Colter has more than 20 years in Physical Education at the primary, intermediate, and secondary school levels and has coached multiple sports.

Coach Stevenson has been a strength coach (CSCS), certified by the National Strength & Conditioning Association for nearly 20 years and is also USA Weightlifting Level I certified.



What does it mean to serve on the MA Board of Directors?

As a charter, school policy is set by a volunteer parent Board. Members of the Board work diligently to ensure the school is staying true to the mission and vision of Monument Academy. The Board has two employees, the COO and CFO, and together this team makes decisions for the current and future success of the school.

Who Can Apply?

- Parents or Guardians of a current Monument Academy student are eligible
- Applicants must be at least 25 years of age
- Applicants should have an enthusiasm for MA and conviction in its purpose

January - March:

Election Timeline

- · Complete the application and submit it to the Board
- Meet with 1-2 Board members to ask questions about the position
- Confirm desire to be an official candidate
- · Attend as many Board meetings as possible

April:

- · Give a 5-minute statement of interest at Board Meeting
- Community Q&A session with candidates
- Formal 5-day election held last week of April

May:

- Election results announced to the community at Board Meeting
 lune:
- Newly elected Directors sworn in at Board meeting, effective July 1st
- Complete Board training & background check

July:

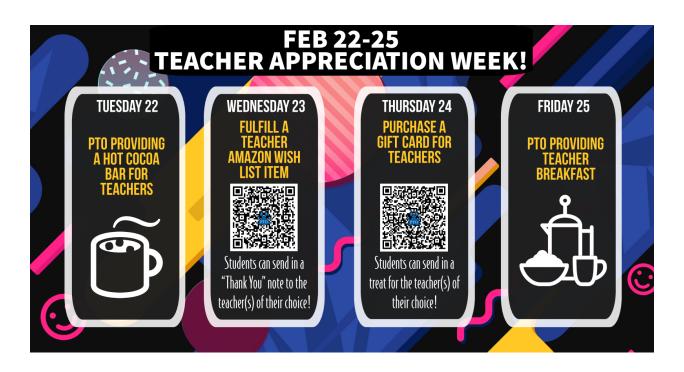
July 1 begin a 3-year term as a voting member of the MA Board of Directors

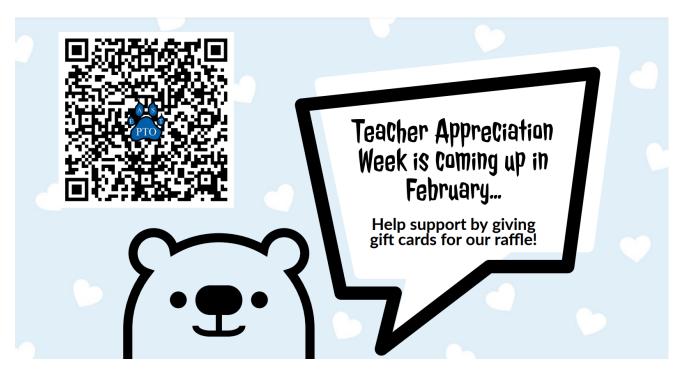
Submit an application using the following link: https://forms.gle/PTe8BxQmXXjn9SAR6

> Still have questions? E-mail: Board@MonumentAcademy.net

Link **HERE**

From East Campus PTO:







NEW BOARD APPROVED EVERY DAY WEAR

Sold through the MA East PTO. Order window opens February 7th. 1/4 Zip Cadet Collar Sweatshirt



https://ma-east-pto-store.myshopify.com/

Lewis-Palmer School District 38 15th Annual

free



Saturday, February 12, 2022

The tournament is open to all students, from grades Kindergarten through 12, who are either students in School District 38 or live within the District 38 boundaries.

The tournament will be held at **Lewis-Palmer Elementary School**1315 Lake Woodmoor Drive

Registration begins at 8:15 a.m. and the First Round starts at 9:00 a.m. Please arrive by 8:40 a.m. We will play 4 rounds and the Tournament should be over by 2:00 p.m.

Pre-registration is encouraged so we can order sufficient trophies or medals for all participants.

Pre-register each student at: https://bit.ly/3zFhXKP

Chess sets will be provided. Children can bring their own snacks; however, concessions will be available.

Contact Steve Waldmann, the Tournament Director and Bear Creek Elementary School Chess Club Coach, at huskerco@gmail.com, or Annette Bass, District Gifted Ed. Facilitator, abass@lewispalmer.org with any questions.

Also, if you know an adult who would like to be one of our Tournament Referees, please have them contact Mr. Waldmann

MONUMENT ACADEMY'S INVEST IN TOMORROW

Lights Camera Auction!

Event benefits our School Safety Officer and Teacher Bonuses

Mix and mingle, pose for a photo op, and get your.

Silent Auction bids in early!

Enjoy heavy hors d'oeuvres and drinks

while reconnecting with friends.

Champion Auctioneer, Dean Gunter, will keep the energy going and your paddles flowing during the Live Auction!

Outbid your friends, have some laughs, and raise money for a great cause!

Auction

\$55 PER PERSON

APR 7 2022, 6:00-8:30 PM
BOOT BARN HALL
COCKTAIL ATTIRE...GLITZ AND GLAM!



Get your tickets while they last! Scan here:

