

LYNX NEWS

East Campus Edition

March 9, 2022



“This Is It” Winners

This is it is about making the most of each moment and keeping a positive attitude.



Each month during student assemblies we honor students who exhibit the character trait for the previous month. The students in the photo above were nominated by teachers as students who exemplified the “This Is It” character trait by making the most of each moment and maintaining a positive attitude. Thank you, MA teachers for the nominations and thank you to all the wonderful students who consistently represent MA so well.

Thank You,
Tamiko Thomas
Interim Assistant Principal

Upcoming Events

Wednesday, March 9 – Band Concert

Friday, March 11 – Spirit Wear Day

Saturday, March 12 – High School Formal (See Below)

Tuesday, March 15, Choir Concert at PRHS

Friday, March 18 – Spirit Wear Day

Monday/Friday, March 21-25 – NO SCHOOL, Spring Break

Wednesday/Thursday, March 30/31 – 6th grade fieldtrip

Friday, April 1 – Free Dress Day

Thursday, April 7 – Lights, Camera, Auction! (See Below)

Friday, April 15 – NO SCHOOL – Staff Appreciation

Friday, April 29 – MS Field Day

Yearbooks

Middle School and High School Yearbooks are getting ready for the printing presses! Our yearbook teams have been working so hard to make this year's yearbooks a memento to cherish for years to come. The deadline for purchasing a Yearbook is March 21st. Please click on the links below to order a book for your student!!

Order your Middle School yearbook here: [MS Here](#)

Order your High School yearbook here: [HS Here](#)

Annual Fundraiser!

The Monument Academy *Invest in Tomorrow* team is hosting its 2nd annual fundraising event at the Boot Barn themed "**Lights, Camera, Auction!**". Join us for a parents-night-out featuring food, drinks, silent auction, and a live auction led by a Colorado Champion Auctioneer! All proceeds benefit our MA school resource officer and teacher bonuses. Block your calendars for some fun - **April 7, 2022!**

Do you have a live or silent Auction item to donate? Would you like to promote your business with a Corporate Sponsorship? Please contact Wendy Brethauer at wjbrethauer@gmail.com.

Get your tickets now! <https://qrco.de/MAInvest>

Flyer on last page of this edition

We Are Hiring!!!

Please check out our current needed positions [HERE](#)

As always, we need Substitutes also. [HERE](#)

Carline Reminders

- Please pull all the way up the side of the sidewalk to the top light pole for drop off in the morning and afternoon, doing this helps to avoid a large back-up along Jane Lundeen.
- Students are Only to be picked up in carline in the parking lot. Not behind the school and not along Jane Lundeen Drive.
- Safety First Please NO (children +/- or pets) playing in the parking lot during carline.

Parent Volunteer Opportunities!

<https://www.monumentacademy.net/volunteering/volunteer-events/>

(warning, this page takes a moment to load)

NEW VOLUNTEER TRACKING PROGRAM

LEARN

Follow the code to register!

WHY VOLUNTEER?

Volunteer Hours help our school, staff, bonds for school buildings, and grants!

We have a new volunteer portal with all events in one place and an easy way to log/track your hours.

Whether you can help in person or from home, we have a wide range of ways to get involved.

From Student Council:

MONUMENT ACADEMY HIGH SCHOOL

Black & White

MA EAST WINTER FORMAL
MARCH 12, 2022
7:00PM – 10:00PM

\$15


Guest Contract


Events Contract

From Athletics Department:

Week of March 7

Get out and support your Lynx student-athletes!

Spring Track & Field

Monument Academy HS & MS Track & Field season has started! There was such a large turnout this year for the first practice! The kids are excited, the coaches are excited, and we're excited to get Spring sports here at Monument Academy started with a bang! Practice times are Monday through Thursday 3:45-5:00pm and Fridays 1:15-2:30pm at the East Campus. Currently registered athletes who still need to pay registration fees have until next Monday, March 14, to do so!

Matchwits

Our Matchwits team will compete in their third meet of the year this Friday, March 11, at Manitou Springs Middle School with a start time at 4:00pm. They'll enter the meet currently in second place in the overall standings with a cumulative score of 65 points! Matchwits will then compete again in the final meet here at Monument Academy on April 8 to finish out a spectacular year and with hopes to win the first-place trophy! If you have interest in helping with the April 8th event, please contact Matchwits Coach Allison Wise at awise@monumentacademy.net.

Girls Soccer

Girls Soccer registration on FamilyID is now open! We are pleased to announce that longtime Head Girls and Boys Basketball Coach Patrick Brock will be assuming the Head Coach duties this year for our Girls Soccer Program! Practice is tentatively scheduled to start March 14 on the turf at the East Campus. More details on practice times and locations to come soon! Please remember that a current physical must be uploaded to FamilyID and that the registration fee must be paid in full to be approved for participation in practices/games.

New Athletics Programs

Here at Monument Academy, developing our athletic program beyond middle school has been a top priority this year. We want to be able to give our 8th graders a reason to continue to call MA home. Which is why we are pleased to announce that starting 2022-2023, Monument Academy High School Athletics will be offering Girls Volleyball, Girls Basketball, and Boys Basketball! These programs will be opened to all incoming 9th, 10th, and 11th graders. Be on the lookout for more news about coaches, registration, and uniforms as the 2022-2023 school year inches closer!



MIDDLE SCHOOL FIELD DAY

Friday, April 29 (weather make up, Friday, May 6)

Drop Off: 8:45am / Pick Up: 12:15pm

Lunch will be served



MA EAST Physical Education Newsletter

March 9, 2022



MARCH: MEDICINE BALL MANIA!

March is here and we have two weeks until Spring Break. But first, our students will be introduced to Medicine Ball Mania!

Since the beginning of the semester students have been introduced to the basics of using a medicine ball for a variety of movements for building greater strength, learning how to pick up weight safely, and best of all, take a little aggression out when we SLAM, THROW, CATAPULT and in general, try to break the ball!

No one has ever regretted getting stronger, so we will be performing the following Medicine Ball movements in March:

- MB Front Squats (Brace/Triple Extension)
- MB Slams (Brace/Triple Extension/Pull)
- MB Rotational Throws (Brace, Rotation, Push)
- MB Wall Ball (Brace, Triple Extension, Push)
- MB Catapults (Brace, Triple Extension, Pull)
- MB Partner Passing (Brace, Rotation)
- MB Rotational Slams (Brace, Push, Pull)
- MB Sprints (Brace, Triple Extension, Push)

Coach Colter has more than 20 years in Physical Education at the primary, intermediate, and secondary school levels and has coached multiple sports.

Coach Stevenson has been a strength coach (CSCS), certified by the National Strength & Conditioning Association for nearly 20 years and is also USA Weightlifting Level I certified.

PE WEEK OF MARCH 7 SNAPSHOT

Middle School

It's a challenging week for weather and indoor space as East gymnasium is hosting concerts this week, therefore PE students will be improvising to get moving, have fun and keep on track for greater health and wellness. Indoor Volleyball, team relays, Free Play Day (hoops, Nuke'Em, volleyball, badminton, 4-Square, walking, and much more), and short trips outdoors in the chill to get in our MoveStrong Obstacle Course challenge!

All High School PE Students

HS PE Students will be performing all of the above, as well as, Wednesday Block Day
Yoga/Stretch/Strengthen with Coach Stevenson!

WEEKLY PE ARTICLE

WHAT'S THE DIFFERENCE MOTIVATION VS DISCIPLINE

👉 MOTIVATION

Motivation comes from the natural human drive to achieve something. Motivation doesn't last forever no matter how much you want something. It's a temporary effect created by the brain to boost you in the right direction.

🕒 DISCIPLINE

Discipline is the ability to continue pushing in the right direction when you no longer have motivation doing it for you. Discipline is far more important than motivation and you should NEVER rely on motivation only.

It's getting to crunch time... end of Quarter 3 and the end of the year is just around the corner! We talk about the above poster that is posted in the gymnasium (permanently) on a regular basis. We believe it is such a simple but many times misunderstood idea...the difference between Motivation and Discipline. It is our hope that our students begin to appreciate the difference and understand that everyone goes through times they lack motivation and it is discipline that helps them get through those times.

2022 MA Cheerleading Tryouts



MANDATORY INFORMATIONAL MEETING

Tryouts are open to incoming 6th, 7th, and 8th graders.

April 11th from 5:00-6:00 at Monument Academy East in room 2023 Prospective cheerleader and a parent/guardian **must** attend this meeting in order to try out. Grades must be a C or above in order to tryout.

MANDATORY TRYOUT CLINIC

April 27th and 28th from 4:00-6:00 in the MA East Gym

TRYOUT DATE

April 29th at 1:30 in the MA East Gym



No Previous Cheer
Experience or Tumbling
Skills Required



For question or additional information, you may contact Coach Sarah Thompson at sthompson@monumentacademy.net



MONUMENT ACADEMY BOARD OF DIRECTORS

Election Information

What does it mean to serve on the MA Board of Directors?

As a charter, school policy is set by a volunteer parent Board. Members of the Board work diligently to ensure the school is staying true to the mission and vision of Monument Academy. The Board has two employees, the COO and CFO, and together this team makes decisions for the current and future success of the school.

Who Can Apply?

- Parents or Guardians of a current Monument Academy student are eligible
- Applicants must be at least 25 years of age
- Applicants should have an enthusiasm for MA and conviction in its purpose

Election Timeline

January - March:

- Complete the application and submit it to the Board
- Meet with 1-2 Board members to ask questions about the position
- Confirm desire to be an official candidate
- Attend as many Board meetings as possible

April:

- Give a 5-minute statement of interest at Board Meeting
- Community Q&A session with candidates
- Formal 5-day election held last week of April

May:

- Election results announced to the community at Board Meeting

June:

- Newly elected Directors sworn in at Board meeting, effective July 1st
- Complete Board training & background check

July:

- July 1 begin a 3-year term as a voting member of the MA Board of Directors

Submit an application using the following link:

<https://forms.gle/PTe8BxQmXXjn9SAR6>

Still have questions?

E-mail: Board@MonumentAcademy.net

Link [HERE](#)

From East Campus PTO:

MA East PTO
#AJ386



Login to have
us be your
community
rewards
organization.

We Donated \$1404.04 to Monument Academy East PTO in 2021

In all, The Kroger Family of Companies donated over \$45 million to local organizations through Community Rewards, and it's all because of you and other King Soopers shoppers. Thanks again for being a Community Rewards member.



2021 Donation Summary
\$1404.04

Total Donation to Monument Academy East PTO

[Shop & Support](#)

Go Lynx!
Wyatt T.

The Hoida Family

Go Lynx!
Lydia T.

Nicky, Abbie and Katherine Silva
Monument Academy
2020-2021
You're the BEST!
Love, Mom & Dad

Thank you to
everyone who donated
a brick to the
MA East PTO
fundraisers this year!

Bellino
Electric
Services



Monument
Academy
EAST PTO

The Schmidt Family
Proverbs 3:5-6
Go Lynx!

Aether

Chris Demchak &
The Demchak-Viera
Family

The Richert Family

Go Lynx 2021!
The Yanak Family
Kate & Jack

The Ahlers Family
2021

Each step takes you
to the summit.
We believe in you.
The Buczkowski Family

Thank you to
everyone who donated
a brick to the
MA East PTO
fundraisers this year!

Walk on the Path
of Happiness!
The Niggemann Family



Monument
Academy
EAST PTO

McLain Family
Katie McLain Homes
DE/MAX Advantage

God's got it!
...Dunstons

Claire Lottes &
The Lottes Family

MONUMENT ACADEMY'S
INVEST IN TOMORROW

Lights Camera Auction!

*Event benefits our
School Safety Officer and Teacher Bonuses*

Mix and mingle, pose for a photo op, and get your
Silent Auction bids in early!
Enjoy heavy hors d'oeuvres and drinks
while reconnecting with friends.

Champion Auctioneer, Dean Gunter, will keep the energy going
and your paddles flowing during the Live Auction!
Outbid your friends, have some laughs, and raise money for a
great cause!

*Live
Auction*

\$55 PER PERSON

*Cash
Bar*

APR 7 2022, 6:00-8:30 PM
BOOT BARN HALL
COCKTAIL ATTIRE...GLITZ AND GLAM!



Get your tickets while they last! Scan here:



SCAN ME