

LYNX NEWS

East Campus Edition

March 30, 2022



Spring Into Testing!

The testing season is upon us and here is what you need to know in a nutshell:

CMAS	PSAT
<ul style="list-style-type: none"> • CMAS will begin on April 11 • Please complete the opt out form by Monday, April 4 if you do not intend for your student to take the test - refusal form • All students, whether completing the assessments or not, will attend school at MA East on testing dates 	<ul style="list-style-type: none"> • PSAT 9 & 10 will be administered on April 13 • Please complete the opt out form by Monday April 4 if you do not intend for your student to take the test refusal form • All students in grades 6-10 are expected to attend school on the PSAT test day

*For more detailed information regarding CMAS and PSAT please see the next pages. Additional testing information will be coming out soon.

Administrative update:

Dear MA East Families,

I want to inform you all that on 2/22/22 I submitted my resignation to the COO and Board and shortly thereafter I notified the MA East staff. My last day will be 4/15/22. This is what I shared in my letter to the COO, MA Board and East Staff.

“This position has offered me an opportunity to grown in my professional career. However, I have made the decision to step down. Unfortunately, when accepting this position, I could not have predicted the unexpected health needs of my family. I will need to travel back to Minnesota frequently to provide care for my parents. I will do all I can with the remainder of my time to support the end of the school year. Thank you for the opportunity to serve at Monument Academy, I am grateful for the experience.”

Sincerely,
Tamiko Thomas

Upcoming Events

Wednesday/Thursday, March 30/31 – 6th grade fieldtrip

Friday, April 1 – First Friday, Free Dress Day

Thursday, April 7 – **MS** Free Dress Within your Peak Color (more Below)

Thursday, April 7 – Lights, Camera, Auction! (See Below)

Friday, April 8 – MS Movie Night at 6:30pm

April 8-18 – Scholastic Book Fair

Friday, April 15 – NO SCHOOL – Staff Appreciation

Friday/Saturday, April 22/23 – Drama Performance at 7pm

Friday, April 29 – MS Field Day

Saturday, April 30 – Color Bash MS Dance at 5pm

CMAS Information for Grades 6-8

If your child is in 6th - 8th grade, we are approaching that time of year when we administer the CMAS test (CO State Standardized Assessment). The CMAS testing window is from April 11, 2022, to April 29, 2022.

- 6th Grade testing (ELA and Math)
- 7th Grade testing (ELA and Math)
- 8th Grade testing (ELA, Math, and Science)

The specific schedule for CMAS testing will be published after spring break.

Throughout the school year, Monument Academy administers a variety of content related tests per state and federal requirements. This [assessment calendar](#) on the Monument Academy website provides details on each of the assessments (i.e., grades tested, purpose of test, dates of tests, format of tests).

Per Colorado law (HB 15-1323), parents have the right to refuse to have their child(ren) take the state standardized tests listed above. [Information regarding the process](#) for parent refusal is located on the MA website. The [refusal form](#) is located in FamilyID. **All students, whether completing the assessments or not, will attend school at MA East on these days.**

We appreciate positive encouragement of your student's participation in these assessments. If you have any questions, please email Angela Duca [HERE](#) for any questions regarding CMAS testing for grades 6-8.

You may also find helpful information on our [Monument Academy website](#) or the state website <http://www.cde.state.co.us/assessment>.

PSAT Information for Grades 9-10

If your child is in 9th or 10th grade, we are approaching that time of year when we administer the PSAT (Preliminary Scholastic Aptitude Test) test. The PSAT will be administered on the following dates:

- Test date: April 13, 2022
- Make-up date: April 27, 2022

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Student Council – Color Out!

Middle School Student! On **Thursday, April 7th**, there will be a competition at the assembly. Free Dress Within your Peak Color. Wear the very most of your peak color to Win. Example; Lincoln Peak - wear red socks, red pants, red shirt and red hat!

Nurses Office Flyer is Attached

Latest guidelines for knowing when your student is too sick for school.

Annual Fundraiser!

The Monument Academy *Invest in Tomorrow* team is hosting its 2nd annual fundraising event at the Boot Barn themed "**Lights, Camera, Auction!**". Join us for a parents-night-out featuring food, drinks, silent auction, and a live auction led by a Colorado Champion Auctioneer! All proceeds benefit our MA school resource officer and teacher bonuses. Block your calendars for some fun - **April 7, 2022!**

Do you have a live or silent Auction item to donate? Would you like to promote your business with a Corporate Sponsorship? Please contact Wendy Brethauer at wjbrethauer@gmail.com.

Get your tickets now! <https://qrco.de/MAInvest>

Flyer on last page of this edition



Please Join Our Team ~ We Are Hiring!!!

Please check out our current needed positions [HERE](#)

As always, we need Substitutes also. [HERE](#)

Carline Reminders

- Please pull all the way up the side of the sidewalk to the top light pole for drop off in the morning and afternoon, doing this helps to avoid a large back-up along Jane Lundeen.
- Students are Only to be picked up in carline in the parking lot. Not behind the school and not along Jane Lundeen Drive.
- Safety First - Please NO children +/- or pets playing in the parking lot during carline.

Delay Start Schedule

Just a reminder that when we have a delayed start there are no Routine Early Releases due to Academic time until 3:30.

Parent Volunteer Opportunities!

East Campus needs volunteers for Lunch Duties as well as Carline Help!

<https://www.monumentacademy.net/volunteering/volunteer-events/>

(warning, this page takes a moment to load)

NEW VOLUNTEER TRACKING PROGRAM

LEARN IN

WHY VOLUNTEER?

Volunteer Hours help our school, staff, bonds for school buildings, and grants!

We have a new volunteer portal with all events in one place and an easy way to log/track your hours.

Whether you can help in person or from home, we have a wide range of ways to get involved.

Follow the code to register!

Support Ukrainian Students Drive



SOURCES
OF STRENGTH



Sources of Strength (SoS) at Monument Academy is a student led program that focuses on improving mental health through Family Support, Positive Friends, Mentors, Healthy Activities, Generosity, Spirituality, Physical Health, & Mental Health. A small group of SoS High School students felt the need to spear head a drive with support from SoS middle school students to help Ukrainian students. SoS is partnering with Project C.U.R.E. to gather donations to create Kits for Kids to send aid to Ukrainian kids! Thus, **SUS** (Supporting Ukrainian Students) was formed! Here is how you can be a part:

Students of SoS are asking the community from Monument Academy for donations to fill Kits for Kids. Items needed include:

- Acetaminophen (325 mg) OR Ibuprofen (Jr. or 200 mg.) **tablets** – no liquid
- Box of Adhesive Bandages
- Triple Antibiotic Ointment
- 1% Hydrocortisone Cream
- Toothbrushes (min. 4)
- Hand sanitizer (travel size)
- Elastic Bandage
- Comb (6” or larger) (“rat tail” style not preferred)
- Facial Tissues (travel size)
- Blunt Scissors
- Tweezers
- Bar of Soap
- Nail Clippers (no manicure sets)

** Money is also accepted – checks can be payable to **Project CURE**.

Items will be collected at both campuses! Students can drop their donations into **Support Ukrainian Students Boxes** that are set up in the entrances of each building. Please give checks to either your students teacher or the front office. Donations will be collected through Friday, April 15th. SoS want to thank you for supporting their first Mental Health Drive! If you have any questions, please contact Mrs. Howarth at chowarth@monumentacademy or (719) 431-8001 ext 2030.

From Athletics Department:

Week of March 28

Get out and support your Lynx student-athletes!

Spring Track & Field

Monument Academy HS & MS Track & Field season has started! There was such a large turnout this year for the first practice! The kids are excited, the coaches are excited, and we're excited to get Spring sports here at Monument Academy started with a bang! Practice times are Monday through Thursday 3:45-5:00pm and Fridays 1:15-2:30pm at the East Campus.

Matchwits

Matchwits will compete in the final meet here at Monument Academy on April 8 to finish out a spectacular year and with hopes to win the first-place trophy! If you have interest in helping with the April 8th event, please contact Matchwits Coach Allison Wise at awise@monumentacademy.net.

Girls Soccer

Girls soccer had their first practice this past Monday, and from the sounds of it they are geared to have another outstanding season! Practice this week will be Wednesday and Friday from 4:00-5:30PM at Dirty Woman Park.

New Athletics Programs

Here at Monument Academy, developing our athletic program beyond middle school has been a top priority this year. We want to be able to give our 8th graders a reason to continue to call MA home. Which is why we are pleased to announce that starting 2022-2023, Monument Academy High School Athletics will be offering Girls Volleyball, Girls Basketball, and Boys Basketball! These programs will be opened to all incoming 9th, 10th, and 11th graders. Be on the lookout for more news about coaches, registration, and uniforms as the 2022-2023 school year inches closer!

Boys Lacrosse

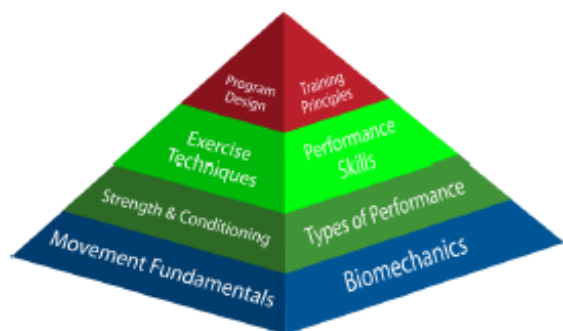
The Lynx Boys lacrosse team took the field for their first game in program history on March 16th and came away with a 7-5 win over Vanguard. The team returns to Vanguard this Friday, April 1 for a 5pm game and then faces Colorado Springs School next week.





MA EAST Physical Education Newsletter

March 30, 2022



Performance Pyramid

BACK TO THE BASICS AFTER BREAK!

We've all had a tough reentry to school after Spring Break. So this week we're returning to the basics, or movement fundamentals (see above pyramid), and getting everyone moving again. Monday, March 28 was like the walking dead around here, students and staff alike were not ready to go full speed or crush a fast paced day in PE. This week we're returning to fundamental movements like medicine ball front squats, pushups, handstands (Period 2 High School PE crushing them below), skipping, lateral movements and more.



PE WEEK OF MARCH 14 SNAPSHOT

Middle School

We're in typical Colorado Spring... one day beautiful and the next, not so much. We'll be heading outdoors as much as possible and

activities students will choose from are field hockey, handball, soccer, Capture the Cheese and, of course, the MoveStrong Obstacle Course.

As mentioned above we're returning to basics when it comes to movement patterns and this week will include, in addition to what was mentioned above, pullups (assisted and unassisted), medicine ball catapults, medicine ball push run/sprint, and wheel barrel races.

High School

HS PE Students will be performing all of the above, as well as Foam Rolling those tight/sore/imbalanced muscles! Our High School Yoga class will hit the mat on Wednesday for a restorative stretch.

WEEKLY PE ARTICLE



Did you know we have over 150 Spring Student-Athletes (Track & Field, Lacrosse, and Soccer) as well as our Matchwits team this Spring. The world is in need of more leaders than we think. Our students are pressed on the field/court/classroom daily. Learning the fundamentals of leadership is so important and that is what we're sharing as a brief read in PE this week. Areas of focus will include Personal Accountability, Continuous Self Reflection, Letting Others Make Decisions, Always Building Relationships, Helping Others, and Helping Create Other Leaders.

Coach Colter has more than 20 years in Physical Education at the primary, intermediate, and secondary school levels and has coached multiple sports.

Coach Stevenson has been a strength coach (CSCS), certified by the National Strength & Conditioning Association for nearly 20 years and is also USA Weightlifting Level I certified.

2022 MA Cheerleading Tryouts



MANDATORY INFORMATIONAL MEETING

Tryouts are open to incoming 6th, 7th, and 8th graders.
April 11th from 5:00-6:00 at Monument Academy East in room 2023 Prospective cheerleader and a parent/guardian **must** attend this meeting in order to try out.
Grades must be a C or above in order to tryout.

MANDATORY TRYOUT CLINIC

April 27th and 28th from 4:00-6:00 in the MA East Gym

TRYOUT DATE

April 29th at 1:30 in the MA East Gym



No Previous Cheer
Experience or Tumbling
Skills Required



For question or additional information, you may contact Coach Sarah Thompson at sthompson@monumentacademy.net



MONUMENT ACADEMY BOARD OF DIRECTORS

Election Information

What does it mean to serve on the MA Board of Directors?

As a charter, school policy is set by a volunteer parent Board. Members of the Board work diligently to ensure the school is staying true to the mission and vision of Monument Academy. The Board has two employees, the COO and CFO, and together this team makes decisions for the current and future success of the school.

Who Can Apply?

- Parents or Guardians of a current Monument Academy student are eligible
- Applicants must be at least 25 years of age
- Applicants should have an enthusiasm for MA and conviction in its purpose

Election Timeline

January - March:

- Complete the application and submit it to the Board
- Meet with 1-2 Board members to ask questions about the position
- Confirm desire to be an official candidate
- Attend as many Board meetings as possible

April:

- Give a 5-minute statement of interest at Board Meeting
- Community Q&A session with candidates
- Formal 5-day election held last week of April

May:

- Election results announced to the community at Board Meeting

June:

- Newly elected Directors sworn in at Board meeting, effective July 1st
- Complete Board training & background check

July:

- July 1 begin a 3-year term as a voting member of the MA Board of Directors

Submit an application using the following link:

<https://forms.gle/PTe8BxQmXXjn9SAR6>

Still have questions?

E-mail: Board@MonumentAcademy.net

Link [HERE](#)

From East Campus PTO:

MA EAST PTO!

We are looking for volunteers for next School Year 2022-2023.
We are in need of both Board Members and those who would
be willing to assist with specific projects.

Join us at our next meeting!

Friday, April 8 @ 8:30am

MA East Campus Building



Monument
Academy
EAST PTO

Contact Tanja: maeastptopresident@gmail.com

MONUMENT ACADEMY'S
INVEST IN TOMORROW

Lights Camera Auction!

*Event benefits our
School Safety Officer and Teacher Bonuses*

*Mix and mingle, pose for a photo op, and get your
Silent Auction bids in early!
Enjoy heavy hors d'oeuvres and drinks
while reconnecting with friends.*

*Champion Auctioneer, Dean Gunter, will keep the energy going
and your paddles flowing during the Live Auction!
Outbid your friends, have some laughs, and raise money for a
great cause!*

*Live
Auction*

\$55 PER PERSON

*Cash
Bar*

**APR 7 2022, 6:00-8:30 PM
BOOT BARN HALL
COCKTAIL ATTIRE...GLITZ AND GLAM!**



Get your tickets while they last! Scan here:



SCAN ME