

LACTOSE INTOLERANCE CARE PLAN

Name of student: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Grade: \_\_\_\_\_

Is your child diagnosed with lactose intolerance? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when was he/she diagnosed? \_\_\_\_\_

Please list the signs and symptoms your child experiences when he/she has milk products. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

If your child experiences any of these symptoms, the following action should be taken: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please indicate any medication your child takes for lactose intolerance. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Will your child need medication at school? \_\_\_\_\_ If yes, MD order required.

Please list any dairy products, if any, that your child can have at school. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

I give permission for the school nurse to inform appropriate school personnel of this information.

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Phone # Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone \_\_\_\_\_

Physician's name \_\_\_\_\_ Phone \_\_\_\_\_

School Nurse/Date \_\_\_\_\_