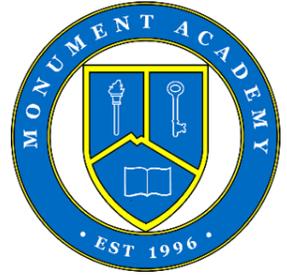


LYNX NEWS



East Campus Edition January 13, 2021

Dear East Campus Families,

Thank you for participating in the mid-year SAAC parent survey! We had an unprecedented participation rate of 76% for our middle school and 100% for our high school. We've scheduled the second Pajama Day for next Thursday, January 21. I'm so excited and encouraged to see this level of participation!

The results without comments are listed on our website on the Board web page under the SAAC link. Here is a link for convenience: <https://www.monumentacademy.net/school-board/saac/>. I have personally read every comment. The SAAC committee, composed of Monument Academy parents, a board member, and a community member, along with the principal, will analyze the complete data set and make recommendations to the board. This partnership is valued! Thank you again for sharing your ideas and experiences.

As we move forward in our second semester, which begins next Tuesday, January 19, we desire to continue our in-person education with as little disruption as possible. To help us achieve this, please continue to check your child's health daily before coming to school, keep students home when they are not feeling well or if they have an exposure, and stay in communication with the school if there are any known exposures. With this partnership, we have the best chance of minimizing disruptions.

Thank you for choosing Monument Academy!

Warmest Regards,
Julie Seymour

Masks Are Required

Students are Required to wear a mask to attend in-person school. **Please remind your students to bring their masks daily.** The school has limited disposable masks available that are to be used as back-up only.

All Student Health information can be found at <https://www.monumentacademy.net/student-support/student-health/> . Thank you for continuing to follow the guidelines so we have the best chance of remaining open.

Upcoming Events

Spirit Wear Day, Tomorrow – January 14

This is also the end of the First Semester

No School – Martin Luther King Dr. Day – Monday, January 18th

First day of Quarter 3 - Tuesday, January 19th

Pajama Day #2, Thursday – January 21

Non-uniform days - please follow guidelines, page 6, <https://www.monumentacademy.net/wp-content/uploads/2020/08/1501MS-Uniform-Policy-08-24-2020.pdf>

Spring Pictures, individual and panorama – February 2

Lunch Menu

Our school lunch menu is always posted on our E-Backpack Express,

<https://www.monumentacademy.net/quick-links/e-backpack-express/>

A correction for this coming Tuesday, January 19th is that Yogurt Meal is the 2nd Choice available.

2021 CMAS Colorado State Standardized Assessments

The Colorado Department of Education (CDE) is currently planning to have schools administer CMAS assessments this spring in the subject areas of math and reading. CMAS social studies will not be administered this year, and it is not yet known if science will be administered. It is possible that no CMAS assessments will be administered this spring, but if they are, there will not be an option for remote assessments. This means that any students completing the CMAS assessments will need to do so in-person and at school.

We expect that some families may choose to refuse allowing their students to complete CMAS assessments this year due to concerns about COVID-19. CDE has asked us to include an option for specifying COVID-19 as a reason for refusal to our normal refusal process.

Monument Academy accepts online refusals only, per board policy 1525, found at the link below:

<https://www.monumentacademy.net/wp-content/uploads/2020/01/1525-State-Assessments-Refusal-Policy-2-8-18.pdf>

If you plan to refuse allowing your students to participate in CMAS assessments this spring, regardless of the reason, please complete the online refusal found at the link below so that Monument Academy may comply with CDE protocols. Thank you.

<https://www.familyid.com/monument-academy-2/monument-academy-state-standardized-assessment-refusal-2020-2021>

Athletics

Monument Academy and other schools associated with the Central Colorado Athletic League (CCAL) continue to work with county officials regarding our ability to restart formal athletic programs. Some of you are likely aware that the governor's office has reached an agreement with CHSAA regarding high school programs, but this agreement does not include middle school programs, so we are currently bound by more restrictive county regulations. It is our hope that we will be able to restart our programs on the schedule found on the website listed below:

<https://www.monumentacademy.net/athletics/>

For information on specific programs, please visit the individual team pages found on the Athletics landing page. Thank you.

Marty Venticinque

MVenticinque@monumentacademy.net



2020 has been a year of many uncertainties. I think we all would likely agree that caring for our mental health, raising awareness, and lifting each other up any way we can regarding mental health is incredibly important now more than ever! With January being Mental Wellness Month, I felt I would share some tips that can help you maintain your mental health.

Tip #1 - is to take time to do things you enjoy – especially in nature. Being outside, breathing fresh air reduces stress.

Tip #2 - is to take care of your spirit. This can mean many things depending on the individual. Care for your spirit by connecting to what you consider meaningful. You may find this connection in yourself, in other people, in religion, in nature, or art. This focus offers many possible benefits, including better mood, less anxiety and depression and even fewer illnesses.

Tip #3 – take some me time. Making time for ourselves is important. It doesn't hurt if you have a four-legged friend to tag along!

Tip #4 – Physical Activity. Exercise is an effective way to improve your mental health. Regular exercise can have a profound impact on depression anxiety, ADHD, and other mental health disorders. It also relieves stress, improves memory, helps you sleep better, and boosts overall mood.

Tip #5 – Connect with others and create joy! Having connections with others is a crucial element in protecting our mental health. Someone to share with, someone to laugh with, can keep us grounded and can help us gain perspective

Social Worker

Carrie Howarth

CHowarth@monumentacademy.net

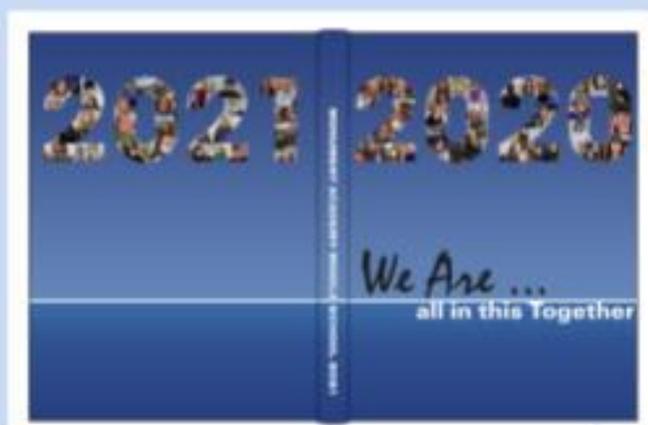
YEARBOOK

UNPRECEDENTED TIMES, UNFORGETTABLE MEMORIES.



ATTENTION 8th GRADE FAMILIES:

Please submit your students baby photo and a short message of well wishes for the yearbook here: <https://forms.gle/fSiGE3SUFnGLbtfM7>



Click to buy the [MIDDLE SCHOOL YEARBOOK](#)

Click here to buy the [HIGH SCHOOL YEARBOOK](#)





Library

T-Shirt Design Contest

This is an exciting opportunity for aspiring artists as the winning design is printed on 1,000 shirts! Monument Academy students are invited (elementary/middle/high school) to submit designs for consideration for the 2020 Battle of the Books T-shirt. Submissions must include digital file of design, artist's name, grade, school, contact information (phone and email) and the BOB elementary liaison's information: Mrs. Collier, MA Librarian, kcollier@monumentacademy.net 719-481-1950 x1220. Mrs. Collier is MA's Battle of the Books (BOB) representative and acts as liaison between schools and the T-shirt committee. She can only submit 4 designs to the committee.

All designs must adhere to the following requirements:

- Submitted designs must be original illustrations and include artist's signature and 2020.
- Design MUST be in Black Ink. Pencil drawings do not scan well. Please consider simple, bold designs instead of those with many lines and shadows.
- Submissions must contain all 40 book titles.

<https://ppbattleofthebooks.weebly.com/book-list.html>

Artists can use the book titles directly in their design or listed underneath the design.

- Design must include something to recognize the unique year with the Virtual Battle. (the April and May competitions will be virtual and not in person.)
- Design must be submitted in a digital format in Adobe Illustrator/Photoshop or other compatible software saved to a *.eps, *.png, or *.pdf file.
- Digital design must be a transparency (when printed, T-shirt color comes through any background where no design exists, i.e. the negative space of the design).
- Designs must be submitted to no later than **January 15, 2021** for final judging. *Send your design and information to Mrs. Collier before the January 15th deadline. Good luck!* Please contact Mrs. Collier with questions regarding the contest, previous t-shirt designs, etc.

Uniform Jacket Ordering

If you ordered a jacket from Monarch Merchandising, please check your email and junk email to see if you have received communication stating that your jacket is in. Monarch has lots of jackets that are ready to be picked up!

In case you missed the opportunity to order a jacket previously, the link is active again.

<https://www.myschoolstoreco.com/>

You will be required to enter an address when ordering however the order will not be shipped to you directly. Ordering is open until the due date shown and all orders are printed at the same time. You will be notified by email when your order is available for pickup at Monarch Merchandising (15706 Jackson Creek Pkwy #110, Monument) approximately 2-3 weeks after the order due date shown on the site.

PTO Business Directory

Support our school and our community by doing business with the Monument Academy Family!

<http://monumentacademypto.com/business-directory>



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